



	Total Calories (cal)	Calories from Fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugars (g)	Protein (g)	Milk	Egg	Fish	Crustacean Shellfish	Tree Nuts	Wheat	Peanuts	Soy Beans	
BAJA TACOS - flour (topped with garlic sauce, lettuce, tomatoes, shredded cheese, cilantro, and feta served on a flour tortilla)																				
Fajita Beef	300	170	18	7	0	50	790	17	2	< 1g	17	*	*				*		*	
Fajita Chicken	280	150	16	6	0	55	680	16	2	< 1g	17	*	*				*		*	
Grilled Mahi	280	160	18	7	0	55	700	16	2	< 1g	15	*	*	*			*		*	
Grilled Shrimp	280	160	18	7	0	75	890	16	2	< 1g	13	*	*		*		*		*	
Grilled Veggie	250	120	13	6	0	25	590	24	4	3	9	*	*				*		*	
Shredded Brisket	280	140	15	7	0	55	630	17	2	< 1g	18	*	*				*		*	
Shredded Chicken	260	130	14	6	0	55	620	16	2	< 1g	17	*	*				*		*	
Seasoned Ground Beef	280	140	15	7	0	45	490	17	2	< 1g	15	*	*				*		*	
Spicy Pork	270	150	16	7	0	50	480	16	2	< 1g	14	*	*				*		*	
Tempura Fish	440	250	28	8	0	55	600	31	2	2	17	*	*	*			*		*	
Tempura Shrimp	420	220	24	7	0	90	680	33	2	2	17	*	*		*		*		*	
Bean & Cheese only	310	130	14	8	0	35	740	32	7	0	14	*					*		*	
CALIFORNIA HEAT TACO - soft corn (shrimp, bacon, avocado, feta, shredded cheese, pico de gallo, and sriracha-lime sauce served on a soft corn tortilla)																				
Grilled Shrimp	440	280	32	10	0	85	1490	17	3	2	18	*			*				*	
Tempura Shrimp	580	340	38	11	0	105	1290	35	4	3	22	*			*		*		*	
CALIFORNIA HEAT TACO - crispy (shrimp, bacon, avocado, feta, shredded cheese, pico de gallo, and sriracha-lime sauce served in a crispy corn tortilla)																				
Grilled Shrimp	450	310	35	11	0	85	1500	12	4	2	18	*			*				*	
Tempura Shrimp	590	360	41	11	0	105	1290	30	4	3	22	*			*		*		*	
CALIFORNIA HEAT TACO - flour (shrimp, bacon, avocado, feta, shredded cheese, pico de gallo, and sriracha-lime sauce served on a flour tortilla)																				
Grilled Shrimp	480	300	34	11	0	85	1640	20	4	2	19	*			*				*	
Tempura Shrimp	620	360	40	12	0	105	1440	38	4	3	23	*			*		*		*	
SALADS (served on a fresh lettuce blend topped with tomatoes, onions, shredded cheese, feta, cilantro, tortilla strips, and your choice of dressing)																				
Fajita Beef	440	240	26	12	0	90	1190	21	4	7	32	*					*		*	
Fajita Chicken	410	190	22	10	0	110	970	19	4	7	33	*					*		*	
Grilled Mahi	410	220	24	10	0	100	1010	19	5	7	29	*		*						
Grilled Shrimp	400	220	25	10	0	140	1400	19	5	7	25	*			*					
Grilled Veggie	340	140	16	8	0	40	790	35	9	11	18	*								
Shredded Brisket	480	200	23	11	0	140	1140	21	5	7	49	*								
Shredded Chicken	420	170	19	10	0	145	1140	20	5	7	39	*								
Seasoned Ground Beef	500	210	23	11	0	115	690	22	5	7	39	*					*		*	
Spicy Pork	450	230	26	12	0	120	670	20	6	8	35	*								
Tempura Fish	720	400	45	13	0	105	820	49	5	8	33	*		*			*			
Tempura Shrimp	680	330	38	11	0	180	980	54	6	8	33	*			*		*			
SALAD DRESSINGS																				
Avocado Ranch	310	280	31	6	0	20	680	6	2	3	2	*	*						*	
Buttermilk Ranch	360	340	37	7	0	30	830	6	0	3	2	*	*						*	
Creamy Sriracha Ranch	330	310	34	6	0	25	990	7	0	4	2	*	*						*	
Fire Roasted Salsa	50	2	1	0	0	0	490	7	2	5	2									
House Vinaigrette	320	320	35	7	0	20	1370	4	0	4	4	*								



	Total Calories (cal)	Calories from Fat (fat cal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugars (g)	Protein (g)	Milk	Egg	Fish	Crustacean Shellfish	Tree Nuts	Wheat	Peanuts	Soy Beans	
NACHOS (fresh tortilla chips topped with shredded cheese, queso, feta, pico de gallo, and garlic sauce.)																				
Fajita Beef	1280	800	90	27	0	130	2710	67	7	4	47	*	*				*		*	
Fajita Chicken	1250	760	86	25	0	145	2490	65	7	4	48	*	*				*		*	
Shredded Brisket	1320	760	87	27	0	185	2660	67	7	4	64	*	*							
Shredded Chicken	1260	740	84	25	0	190	2650	66	7	4	59	*	*							
Seasoned Ground Beef	1340	770	87	27	0	155	2210	68	7	5	54	*	*				*		*	
Spicy Pork	1290	790	90	28	0	160	2190	66	8	5	49	*	*							
Bean & Cheese Only	1200	650	74	23	0	75	2270	94	17	3	35	*								
QUESADILLAS (grilled flour tortillas stuffed with choice of filling, shredded cheese, pico de gallo, and garlic sauce, served with a side of sour cream and pico de gallo)																				
Fajita Beef	1030	620	70	27	0	145	2330	59	4	5	43	*	*				*		*	
Fajita Chicken	1000	580	64	25	0	160	2110	57	4	5	44	*	*				*		*	
Grilled Shrimp	980	610	67	26	0	195	2540	57	4	5	35	*	*		*		*		*	
Grilled Veggie	930	520	58	24	0	95	1930	73	8	10	28	*	*				*		*	
Shredded Brisket	1070	580	64	27	0	200	2280	58	4	5	60	*	*				*		*	
Shredded Chicken	1010	560	63	25	0	205	2250	58	4	5	55	*	*				*		*	
Seasoned Ground Beef	1090	590	65	27	0	170	1830	60	5	6	50	*	*				*		*	
Spicy Pork	1100	640	71	30	0	150	2170	73	5	6	40	*	*				*		*	
Cheese Only	590	280	31	20	0	80	1120	54	3	4	23	*					*		*	
BURRITOS RANGE (stuffed with guacamole, shredded cheese, tomatoes, onions, garlic sauce, choice of filling, and choice of rice & beans)																				
Fajita Beef	870-930	400-420	44-46	16-17	0	85-90	2410-2560	78-87	10-12	4	40-42	*	*				*		*	
Fajita Chicken	840-900	370-390	42-44	14-15	0	100-105	2070-2090	77-86	10-12	4	41-43	*	*				*		*	
Grilled Mahi	840-900	380-400	43-45	14-16	0	95-100	2230-2380	77-86	10-12	3	37-38	*	*	*			*		*	
Grilled Shrimp	820-890	390-410	44-46	14-16	0	135-140	2620-2770	77-86	10-12	4	32-35	*	*		*		*		*	
Grilled Veggie	770-830	310-330	34-36	13-14	0	35-40	2010-2170	93-102	14-16	8	25-28	*	*				*		*	
Shredded Brisket	910-970	370-390	41-43	16-17	0	140	2360-2520	78-87	10-12	4	57-59	*	*				*		*	
Shredded Chicken	850-910	340-360	39-41	14-15	0	145	2330-2360	78-87	10-12	4	52-54	*	*				*		*	
Seasoned Ground Beef	930-1000	380-400	42-44	16-17	0	110-115	2130-2150	80-89	10-12	4	47-49	*	*				*		*	
Spicy Pork	880-940	400-420	44-46	17-18	0	115-120	1900-2050	78-86	10-13	5	41-43	*	*				*		*	
Tempura Fish	1150-1210	560-580	64-66	16-18	0	100	2040-2200	107-116	10-12	7	40-43	*	*	*			*		*	
Tempura Shrimp	1140-1200	500-520	56-59	16-17	0	200	2220-2250	113-123	11-13	7-8	41-43	*	*		*		*		*	
Bean & Cheese Only	740	280	31	18	0	65	1740	83	13	1	32	*					*		*	
BURRITO SMOTHER IT																				
Queso	200	130	15	7	0	25	840	7	0	2	9	*								
Beef Enchilada Sauce	140	80	9	4	0	15	570	9	< 1g	< 1g	4	*					*		*	
Fire-Roasted Salsa	60	3	1	0	0	0	550	8	2	6	2									
Green Enchilada Sauce	70	40	4	2	0	10	540	7	< 1g	2	2	*					*		*	



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BURRITOS BOWL (guacamole, pico de gallo, shredded cheese, cilantro, your choice of topping, rice*, and beans*. Topped with spicy chimichurri* or fire-roasted salsa*. (* info below)																				
Fajita Beef	370	230	25	10	0	80	1150	10	4	3	28	*					*		*	
Fajita Chicken	340	190	21	8	0	95	930	8	4	3	29	*					*		*	
Fajita Veggies	210	130	15	7	0	30	380	13	6	6	10	*								
Grilled Mahi	340	210	24	9	0	130	1360	9	4	3	20	*		*						
Grilled Shrimp	330	220	24	9	0	130	1360	9	4	3	20	*			*					
Grilled Veggie	270	140	15	7	0	30	750	24	8	7	13	*								
Shredded Brisket	410	200	22	10	0	130	1100	10	4	3	45	*								
Shredded Chicken	350	170	18	8	0	135	1100	10	4	3	40	*								
Seasoned Ground Beef	430	200	22	10	0	105	650	11	4	3	35	*					*		*	
Spicy Pork	380	230	25	11	0	110	640	9	5	4	30	*								
Tempura Fish	650	390	45	11	0	95	780	40	5	5	28	*		*			*			
Tempura Shrimp	610	330	37	10	0	165	950	43	5	4	29	*			*		*			
BURRITOS BOWL (choice of rice and beans)																				
Cilantro-Lime Rice	140	30	4	0	0	0	670	23	1	1	3									
Mix-Mex Rice	170	40	4	2	0	5	580	28	2	2	4	*					*		*	
Borracho Beans	90	15	2	0	0	5	590	14	5	0	5						*		*	
Black Beans	110	5	0	0	0	0	650	21	6	2	7									
Refried Beans	160	40	5	2	0	5	500	22	8	0	8	*								
BURRITOS BOWL (choice of sauce)																				
Spicy Chimichurri	70	60	7	1	0	0	45	1	0	0	0									
Fire-Roasted Salsa	10	1	0	0	0	0	140	2	0	2	0									
MEXICAN PLATES (choice of two sides)																				
Enchilada Plate (2 Enchiladas)	840-1210	380-610	42-68	16-26	0	125-200	3060-3520	69-93	18-24	1-4	46-56	See Tacos, Enchiladas, Sauces & Sides for Allergens								
Combo Plate (1 Taco, 1 Enchilada)	790-1480	330-730	36-82	14-28	0	120-215	2950-3990	68-117	18-27	3	48-64									
Taco Plate (2 Tacos)	740-1740	280-850	30-96	4-38	0	120-230	2840-4450	67-140	18-29	3-5	49-71									
FAJITA PLATES (includes three flour tortillas, guacamole, lettuce, sour cream, shredded cheese and choice of two sides)																				
Fajita Beef Plate	1060-1300	430-530	46-57	20-25	0	135-150	3970-4280	98-123	23-29	7-8	59-70	*					*		*	
Fajita Chicken Plate	1010-1260	360-470	40-51	17-22	0	155-175	3640-3950	95-120	23-29	7-8	61-71	*					*		*	
Fajita Shrimp Plate	1000-1240	410-510	45-56	17-23	0	210-230	4290-4600	96-121	23-30	7-8	48-58	*		*			*		*	
Fajita Beef & Chicken Combo	1040-1280	400-500	43-54	18-23	0	145-165	3810-4120	97-122	23-29	7-8	60-70	*					*		*	
Fajita Beef & Shrimp Combo	1030-1270	420-520	45-57	18-24	0	170-190	4130-4440	96-122	23-30	7-8	54-64	*		*			*		*	
Fajita Chicken & Shrimp Combo	1010-1240	390-490	42-54	17-22	0	185-200	3970-4270	95-120	23-30	7-8	54-65	*		*			*		*	



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ENCHILADAS																				
Brisket Enchilada	240	140	15	5	0	45	340	12	2	0	14	*	*							
Cheese Enchilada	230	160	17	7	0	30	270	13	1	0	8	*	*							
Shredded Chicken Enchilada	220	130	14	5	0	45	340	12	2	0	12	*	*							
Seasoned Ground Beef Enchilada	240	140	16	5	0	35	300	13	2	0	11	*	*				*			*
Shrimp Enchilada	250	160	18	5	0	70	650	12	2	0	10	*	*		*					
Spicy Pork Enchilada	230	150	16	5	0	40	210	13	2	0	10	*	*							
Veggie Enchilada	220	120	14	5	0	20	350	20	4	3	7	*	*							
ENCHILADA SAUCES (topped with shredded cheese)																				
Beef Enchilada Sauce	90	60	7	4	0	20	260	3	0	0	5	*					*			*
Green Sauce	70	50	5	4	0	20	270	3	0	0	4	*					*			*
Queso	110	70	8	5	0	20	320	3	0	0	6	*								
Fire-Roasted Salsa	70	43	5	3	0	15	250	3	0	2	4	*								
BREAKFAST TACOS (served on flour tortilla) if you want gluten free order on soft corn tortilla																				
Egg, & Cheese	300	170	19	9	0	215	450	16	1	0	15	*	*				*			*
Potato, Egg & Cheese	350	200	22	10	0	215	500	21	2	0	16	*	*				*			*
Bacon, Egg, & Cheese	440	290	31	13	0	230	870	16	1	0	21	*	*				*			*
Bacon, Potato, Egg & Cheese	490	310	35	14	0	230	920	21	2	0	21	*	*				*			*
Chorizo, Egg & Cheese	390	240	27	11	0	234	600	17	2	0	19	*	*				*			*
Chorizo, Potato, Egg & Cheese	440	270	30	12	0	235	660	22	2	1	21	*	*				*			*
Shrimp, Egg & Cheese	370	220	24	10	0	265	610	16	1	0	25	*	*		*		*			*
BREAKFAST BURRITOS																				
Egg, & Cheese	800	430	48	22	0	615	1250	52	2	2	40	*	*				*			*
Potato, Egg & Cheese	950	520	58	23	0	615	1410	67	4	3	42	*	*				*			*
Bacon, Egg, & Cheese	1080	660	73	30	0	645	2090	52	2	2	52	*	*				*			*
Bacon, Potato, Egg & Cheese	1230	740	83	32	0	645	2250	67	4	3	53	*	*				*			*
Chorizo, Egg & Cheese	990	580	65	27	0	650	1560	53	3	3	49	*	*				*			*
Chorizo, Potato, Egg & Cheese	1130	660	73	29	0	650	1720	69	4	3	50	*	*				*			*
Shrimp, Egg & Cheese	940	520	58	24	0	720	2240	52	3	2	52	*	*		*		*			*
BREAKFAST FAVORITES (includes two flour tortillas, Latin-fried potatoes, refried beans and salsa verde)																				
Chilaquiles, Shredded Chicken	1160	440	48	18	0	470	2650	101	19	6	56	*	*				*			*
Chilaquiles, Seasoned Ground Beef	1200	450	50	19	0	455	2430	102	19	6	54	*	*				*			*
Huevos Rancheros	1040	380	43	13	0	390	2110	105	19	7	34	*	*				*			*
Migas	1160	490	54	17	0	420	2390	101	20	6	43	*	*				*			*
BREAKFAST TACO PLATE (includes Latin-fried potatoes and refried beans)																				
Breakfast Taco Plate (2 tacos)	1100-1470	460-740	50-82	22-31	0	450-470	1960-2910	90-100	15-16	2	46-58	*	*		*y		*			*

*y - if shrimp taco is ordered



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BEVERAGES - 32 oz (selection may vary by location)

Barq's Root Beer	480	0	0	0	0	0	200	130	0	130	0								
Caffeine-free Diet Coke	0	0	0	0	0	0	135	0	0	0	0								
Cherry Coca-Cola	450	0	0	0	0	0	110	122	0	122	0								
Coca-Cola	430	0	0	0	0	0	95	116	0	116	0								
Coca-Cola Zero	0	0	0	0	0	0	110	0	0	0	0								
Diet Coke	0	0	0	0	0	0	135	0	0	0	0								
Dr Pepper	400	0	0	0	0	0	160	104	0	104	0								
Fanta Orange	460	0	0	0	0	0	140	122	0	122	0								
Hi-C Flashn' Fruit Punch	450	0	0	0	0	0	150	123	0	120	0								
Hi-C Poppin' Pink Lemonade	410	0	0	0	0	0	280	114	0	109	0								
Minute Maid Lemonade	420	0	0	0	0	0	280	115	0	109	0								
POWERade Fruit Punch	250	0	0	0	0	0	330	68	0	64	0								
POWERade Lemon-Lime	240	0	0	0	0	0	330	64	0	62	0								
POWERade Mountain Blast	240	0	0	0	0	0	320	64	0	64	0								
Sprite	420	0	0	0	0	0	190	112	0	112	0								
Sprite Zero	10	0	0	0	0	0	120	0	0	0	0								
Vanilla Coke	450	0	0	0	0	0	110	120	0	120	0								

At Fuzzy's Taco Shop, we strive to create great-tasting, enjoyable meals for each guest every time they visit our restaurants. We also know that each guest has their own unique and individual dietary needs and restrictions. In order to provide the best service and experience possible to our guests, we have identified those products that contain one or more of the eight major food allergens identified by the U.S. Food and Drug Administration. These allergens are: milk, eggs, fish, crustacean shellfish, tree nuts, wheat, peanuts, and soy beans.

However, we also want to warn our guests that products may come into contact with other foods, to include allergens, during the preparation process. The information here is based on standard recipes and product formulations, but does not account for hand-made preparation techniques, personalized ingredient modifications, addition of other condiments, product testing, supply sources, and any other food items that a guest may add to their order. These additions may contain one or more of the eight major allergens or any other allergens. Therefore, the possibility exists that an individual product may contain allergens even though they are not listed as ingredients of the product in the chart above.

Due to the individualized nature of food allergies and food sensitivities, Fuzzy's Taco Shop, its franchisees, and its employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. We encourage our guests with food allergies or other dietary restrictions to consult with their physician regarding their diet. Unless stated otherwise, the allergen information contained on this website is correct as of May 2019.

The nutrition information is based on standard product formulations and on the average values for ingredients from Fuzzy's Taco Shop's suppliers throughout the United States. The nutrition values have been rounded in accordance with the U.S. FDA National Labeling and Education Act guidelines. These values also do not account for hand-made preparation techniques, personalized ingredient modifications, addition of other condiments, product testing, and supply sources. Regional and seasonal differences may also affect the nutrient content for each product.